



Materials List
Calligraphy Retreat at St. Meinrad Archabbey
May 1–6, 2022

*Items on this list are available from [Preston Arts Center](#) in my hometown of Louisville, KY.
Please call them to place your order: 502-454-9954*

We encourage you to print off this list and check off items as you pack them.

Pens, Pencils, & Brushes

- Bring your favorite writing & calligraphy tools (brushes, pens, pen holders and found objects)
- Pen Nibs: Speedball C-0, Mitchell Roundhand 6, pointed nib (whatever you have, or Gillott 404)
- White China Marker*
- Two fine-point pens* (Faber-Castell Ecco Pigment Pen 0.2, Pilot G-TEC-C4, or whatever you have in size 0.2 or 0.3)
- HB, 2B, and 4B pencils
- No. 4 pointed brush, or choose one or two within the range of size 1-4 (recommended: No. 4 Silver Black Velvet 3000S)
- Cheap “paintbox brushes” or stencil brushes for mixing
- One wide brush, three or more inches wide (cheap foam brush, house painting brush, or Japanese Hake brush)

Ink, Paint, & Gouache

- Walnut ink (walnut [crystals](#) are easy to pack)
- Transparent yellow iron oxide acrylic (two to four people can share a two-ounce tube of acrylic; Golden is the preferred brand)
- Windsor-Newton permanent white gouache or Dr. Martin’s bleedproof white
- Watercolors (red, yellow, and blue).
 - As long as you have tubes of good-quality (not student grade!) watercolors in *red*, *yellow* and *blue*, you will have enough to play with.
 - If you wish to try a new palette, and two versions of each primary color, I recommend the following colors (Daniel Smith colors are well saturated): *Yellows*: New Gamboge & Hansa

or Lemon. *Reds*: Alizarin Crimson & Transparent Pyrrole Orange. *Blues*: Indigo and Ultramarine Blue.

Paper

- Three sheets white Rives BFK paper* (22" x 30"; 250 gsm)
- One sheet kozo paper
- One sheet cover-weight paper for your book* (10" x 12" or larger; Arches Black Cover is one of my favorites)
- Tracing paper
- Notebook for taking notes

Bookbinding Supplies

- Embroidery needle
- Glue stick*
- Right triangle*
- Linen thread* (2 or 3 ply)
- Paper clips* (about 6)
- rubber band

Other Supplies

- Sharpener (recommend: German Kum brass sharpener; no motors please)
- White eraser
- Scissors (not necessary if flying with carry-on luggage)
- Metal ruler with cork backing (12" or longer)
- Containers with lids for ink and containers for rinsing brushes
- Palette or small plastic cups (deeper wells are useful)

Optional Supplies (You do not need to bring these)

- Paper/ collage scraps
- Sumi ink (we will have some in class if you don't want to travel with ink)
- Water-soluble graphite pencils
- Water Soluble Graphite Crayon and or Block (Art Graf or Lyra)
- Other tubes of gouache or watercolor: *Peach Black (Holbein)* is a lovely matte black
- Black china marker*
- Colored pencils
- Mat knife and cutting mat
- Bone folder

* I will have these materials in class if you wish to purchase them there instead of packing them. If so, send my assistant, Noelle, an email and let her know: noelle@lauriedoctor.com