

Intuition & Imagery

Laurie Doctor & Barbara Griek | Ghost Ranch, NM
March 12–17, 2022



Dear ones,

Here are some notes regarding our class all in one place, so you can print this out.

ROSTER

We will create a visual class roster to share with the group. Please send a photo of yourself to Laurie's assistant, Noelle: netgulden@gmail.com. (If you have sent us a photo for a previous workshop, you don't need to send one again.)

TRANSPORTATION TO GHOST RANCH

If you are driving

Please visit <https://www.ghostranch.org/plan-your-visit/your-stay/travel/> for Ghost Ranch's physical address and driving directions.

If you are flying

- You may fly into either Albuquerque or Santa Fe. You will need to take a shuttle from Santa Fe to Ghost Ranch.
- If you are flying into Albuquerque, you will first need to take a shuttle to Santa Fe. Ghost Ranch recommends Groome Transportation:
https://groometransportation.com/santa-fe/?sd_client_id=23a408d6-3596-4700-9f1b-56cd420500f3&sd_client_id=1e0dfd45-cb6e-4f78-96f5-5b7b28bf2f21

- Ghost Ranch provides a shuttle from Sante Fe for guests who are registered for a Ghost Ranch workshop or retreat.
 - Shuttle service is provided only on the day of arrival (the first afternoon of the program week) and on the day of departure (the last day of the program).
 - The cost is \$40/person each way.
 - Please book directly with White Buffalo Specialty Shuttle Service:
 - 831-359-8077
 - nivek@cruzio.com
 - www.whitebuffaloshuttle.us
- For more information, visit <https://www.ghostranch.org/plan-your-visit/your-stay/travel/>

ARRIVING AND WORKSHOP SCHEDULE

Check-in at Ghost Ranch starts at 3:00 p.m. on Saturday, March 12, 2022. We will gather at 5:30 p.m. that evening in front of the dining hall for dinner. This will be followed by an introductory session in our classroom.

Our last breakfast together will be on Thursday, October 17. Our closing session after breakfast will end before noon.

Please make arrivals in time to be at Ghost Ranch by 5:00 pm on March 12. Please note that if you plan to arrive in New Mexico early, there is no space available at Ghost Ranch, but you can stay in Santa Fe and come to Ghost Ranch on the 12th. Students often enjoy coming to Santa Fe the day before and/or the day after the workshop. Airline reservations for departure need to be after 5:00 p.m on March 17.

The usual daily schedule will be breakfast from 7:30-8:30 a.m., followed by a morning workshop beginning at 9:15 a.m. Lunch is from 12:00-1:00 p.m. After lunch there will be free time for exploring the area, reading, walking, napping, or more working. The afternoon session is from 2:30-5:30 p.m. Dinner is from 5:30-6:30 p.m. There are no evening programs scheduled, but the classroom is open all the time, as well as the wonderful little library.

WHAT TO BRING

You have your materials list; please look over it carefully so you have what you need. I will have paper to sell in the classroom for those of you who request it.

Weather in high altitude is unpredictable. Bring layers.

MEALS AND DIETARY NEEDS

The meals at Ghost Ranch are simple. Please let us know if you have dietary considerations. There is a small refrigerator in our classroom, and a small one in the conference space where we stay. There is a grocery that is about a 10-minute drive away, and a good restaurant that is about a 15-minute drive away.

Breakfast and lunch are included; dinners for the week are an additional fee of \$110.

SCENTS

Because some people have sensitivities to scented products, please refrain from wearing perfume, cologne, and essential oils, and from using health and beauty products that are heavily scented at the workshop. Thanks so much for your consideration.

CELL COVERAGE/WI-FI/PRINTERS

Leave cell phones, smart watches, and other devices outside the classroom. For a lot of us this takes some getting used to, but it makes the contemplative atmosphere bloom.

Ghost Ranch has Wi-fi in the library and a few other designated areas.

That's it! If you have any questions, let us know.

Barbara and Laurie